

## Roles and Attributes List Tool

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This paper provides a list of roles and attributes that we use in some of our coaching sessions. We hope you will find them helpful. These lists are not all inclusive. Use a dictionary or a thesaurus to create your own lists that are best suited for your need.

If you need help feel free to contact us at

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### Sample roles list

- |   |                                       |  |
|---|---------------------------------------|--|
| <input type="checkbox"/> Activator      | <input type="checkbox"/> Enforcer     | <input type="checkbox"/> Overseer        |
| <input type="checkbox"/> Administrator  | <input type="checkbox"/> Entrepreneur | <input type="checkbox"/> Partner         |
| <input type="checkbox"/> Advisor        | <input type="checkbox"/> Facilitator  | <input type="checkbox"/> Peacekeeper     |
| <input type="checkbox"/> Advocate       | <input type="checkbox"/> Guard        | <input type="checkbox"/> Peacemaker      |
| <input type="checkbox"/> Arbitrator     | <input type="checkbox"/> Guide        | <input type="checkbox"/> Planner         |
| <input type="checkbox"/> Authority      | <input type="checkbox"/> Helper       | <input type="checkbox"/> Problem solver  |
| <input type="checkbox"/> Builder        | <input type="checkbox"/> Influencer   | <input type="checkbox"/> Promoter        |
| <input type="checkbox"/> Catalyst       | <input type="checkbox"/> Investigator | <input type="checkbox"/> Prospector      |
| <input type="checkbox"/> Champion       | <input type="checkbox"/> Interrogator | <input type="checkbox"/> Provider        |
| <input type="checkbox"/> Change agent   | <input type="checkbox"/> Leader       | <input type="checkbox"/> Resource        |
| <input type="checkbox"/> Coach          | <input type="checkbox"/> Listener     | <input type="checkbox"/> Sounding board  |
| <input type="checkbox"/> Commander      | <input type="checkbox"/> Mediator     | <input type="checkbox"/> Supporter       |
| <input type="checkbox"/> Counsellor     | <input type="checkbox"/> Mentor       | <input type="checkbox"/> Teacher         |
| <input type="checkbox"/> Decision maker | <input type="checkbox"/> Model        | <input type="checkbox"/> Trendsetter     |
| <input type="checkbox"/> Diplomat       | <input type="checkbox"/> Motivator    | <input type="checkbox"/> Trouble-shooter |
| <input type="checkbox"/> Developer      | <input type="checkbox"/> Negotiator   | <input type="checkbox"/> Visionary       |
| <input type="checkbox"/> Enabler        | <input type="checkbox"/> Observer     | <input type="checkbox"/> - Add other     |
| <input type="checkbox"/> Encourager     | <input type="checkbox"/> Organizer    | <input type="checkbox"/> - Add other     |

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### Character themes and adjectives

- Ambitious:** Energetic, Goal-oriented, Hard working, Motivated, Self-disciplined
- Action Oriented:** Impatient, Learning, Practical, Results-oriented, Tenacious
- Adaptable:** Calm, Flexible, Productive, Reassuring, Responsive
- Analytical:** Dispassionate, Interrogative, Logical, Objective, Rigorous
- Coordinative:** Adaptable, Creative, Flexible, Innovative, Resourceful
- Belief and Values Oriented:** Altruistic, Dependable, Family-oriented, Responsible, Spiritual
- Commanding:** Clear, Confrontational, Direct, Honest, Risk-taking
- Communicative:** Articulate, Captivating, Conversational, Descriptive, Expressive
- Competitive:** Aggressive, Aspiring, Challenging, Driving, Striving,
- Connected:** Accepting, Caring, Considerate, Humble, Spiritual
- Consistent:** Balanced, Ethical, Even-handed, Fair, Unprejudiced
- Context Oriented:** Counterintuitive, Experienced, Interrogative, Perceptive, Reflective
- Deliberate:** Careful, Contemplative, Private, Serious, Vigilant
- Developing:** Challenging, Coaching, Encouraging, Helpful, Nurturing
- Disciplined:** Efficient, Exact, Orderly, Predictable, Structured
- Empathetic:** Anticipating, Appreciative, Kind, Sensitive, Understanding
- Focused:** Collaborative, Efficient, Goal-oriented, Independent, Impatient
- Futuristic:** Energizing, Foresighted, Inspirational, Motivating, Visionary
- Harmonious:** Agreeable, Deferential, Non-confrontational, Peaceable, Personable
- Ideas Oriented:** Abstract thinking, Contemplative, Conceptual, Creative, Visionary
- Inclusive:** Accepting, Connecting, Loyal, Non-judgmental, Social
- Individualizing:** Encouraging, Impatient, Intuitive, Listening, Observant
- Acquisitive:** Quick-to-learn, Inquisitive, Interested, Interrogative, Studious
- Intellectual:** Inquisitive, Introspective, Reflective, Studious, Thoughtful
- Studious:** Assimilative, Energetic, Inquisitive, Motivated, Studious
- Maximum Oriented:** Demanding, Discriminating, Focusing, Productive, Refining
- Positive:** Energetic, Energizing, Enthusiastic, Light-hearted, Optimistic
- Relational:** Caring, Close, Genuine, Risk-taking, Sharing
- Responsible:** Conscientious, Dependable, Ethical, Hardworking, Available
- Restorative:** Analytical, Fixing, Identifying, Rekindling, Resuscitating
- Self-Assured:** Certain, Confident, Independent, Risk-taking, Self-confident
- Significance oriented:** Achieving, Credible, Focused, Goal-oriented, Independent
- Strategic:** Intuitive, Observant, Predicting, Problem solving, Reflective
- Woo-Charismatic:** Conversational, Friendly, Initiating, Networking, Sociable